



A Taste of the Book - The Italian Low-Carb Kitchen

Wednesday 11th October at 7pm

Join Katie & Giancarlo along with nutritionist Jenny Phillips, for a special three-course dinner featuring delicious dishes from their latest cookbook 'The Low-Carb Italian Kitchen'.

It's all about enjoying classic Italian flavours while cutting down the carbs. Following this idea, the book is packed full of healthy recipes that fill you up without piling on the pounds.

Expect a fun evening of fabulous food and great conversation. You'll also be able to purchase signed copies of the book on the night.

MENU

Rosemary seeded crackers
Baked ricotta with roasted onions and tomatoes

Tuscan sausage and fennel seed lasagna
(Vegetarian lasagne on request)

Slow-cooked beef cheeks in Chianti
(Porcini and chestnut mushroom loaf on request)

Celeriac mash
Green beans in tomato sauce

Stefano's Squidgy Chocolate Mousse Cake

£45 per person*

Call 01628 788500 to book.

Please inform us if you would like the vegetarian option or have dietary requirements when booking.

*a discretionary 12.5% service charge will be added to your bill. Drinks will be charged on the night.